



# MOUNTAINEER — WRESTLING —

## BAUM HEAVYWEIGHT CAMP: MEGA MOUNTAINEER

*JULY 21-25*

Bruce Baumgartner is coming to WVU to run his world famous, biggest and best heavyweight camp in the country. This is your chance to get top-level technique and training from the greatest USA wrestler of all time - BRUCE BAUMGARTNER. The camp is designed to give you high-level, big-man techniques in all positions, as well as an opportunity to wrestle live with heavyweights from all around the country. Daily speeches from legends of our sport cover ALL aspects of wrestling preparation and competition.

### TYPICAL DAY

8 a.m. | Breakfast

9 a.m. – 11 a.m. | Technique and Education Topic

12 p.m. | Lunch

3 p.m. – 5 p.m. | Technique, Live Wrestling and Conditioning

6 p.m. | Dinner

8 p.m. – 9:30 p.m. | Technique, Sparring and Position Wrestling

### COST/INFORMATION

July 21-25

\$625 per camper or \$475 per commuter

- Check in will take place on Sunday from 3 p.m. to 5 p.m., followed by dinner and one wrestling session.
- Check out will follow the last session on the final day of camp from 2:30 p.m. to 3:30 p.m.
- Please bring twin sheets, blankets, pillows, wrestling gear and clothes.
- Of note, our online payment system does not process group and sibling discounts. Refunds will be provided at the start of camp or payment arrangements can be made through assistant head coach Cliff Moore.



#### WVU COACHING STAFF



Head Coach  
Tim Flynn



Assistant Head Coach  
Cliff Moore



Assistant Coach  
Mitchell Port



Assistant Coach  
Cody Walters

#### WVU CAMP COUNSELORS



133 Pounder  
Matt Schmitt



165 Pounder  
Nick Kiussis



197 Pounder  
Noah Adams



285 Pounder  
Brandon Ngati



# WVUCAMPS.COM

*\*Open to any and all entrants\**

Contact assistant head coach Cliff Moore with questions:  
Clifford.Moore@mail.wvu.edu or 304-293-9874