WVU COACHING STAFF

The 2020 Mountaineer Gymnastics Camp features the WVU coaching staff, current and past WVU gymnasts, and guest coaches from around the country!

JASON BUTTS
Head Coach 8 years

TRAVIS DOAK
Associate Head Coach 10 years

KAYLYN MILLICK
Assistant Coach 5 years

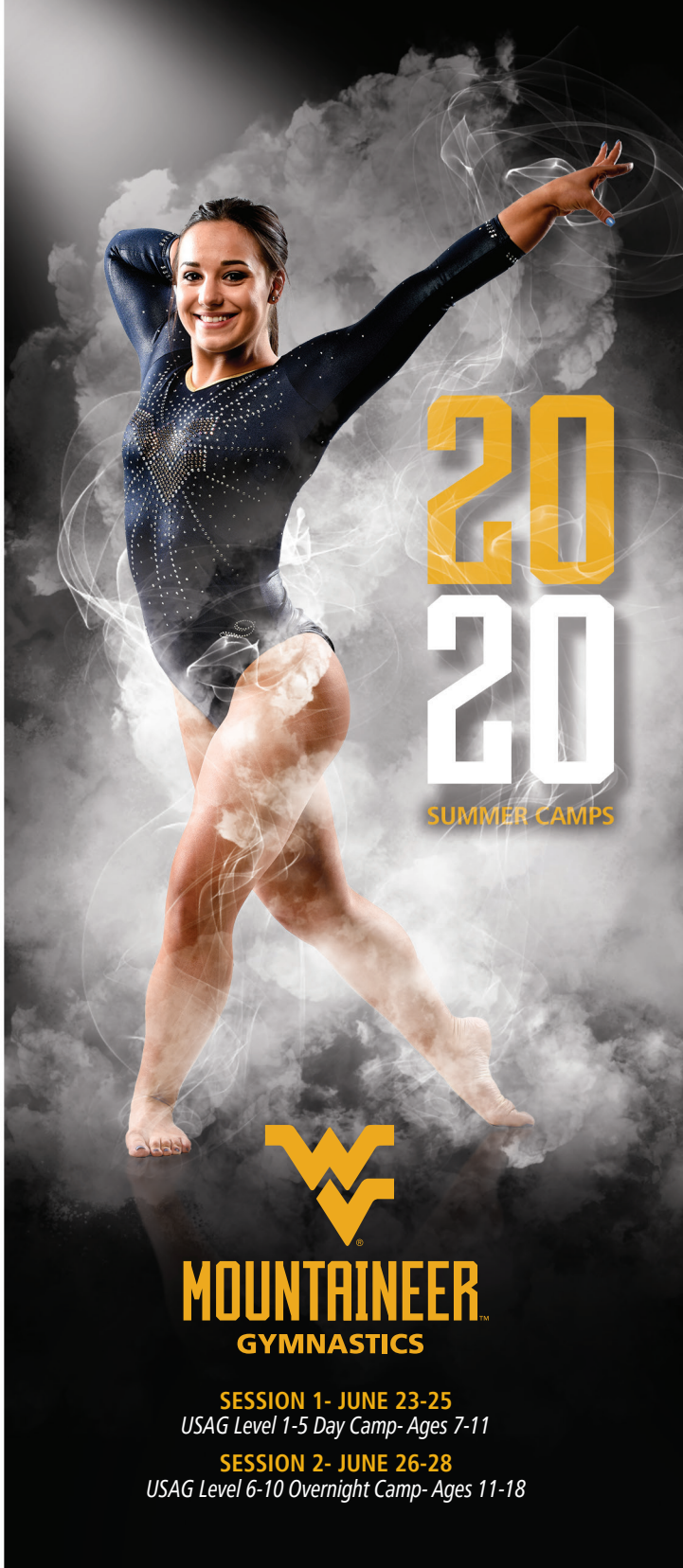
CALEIGH SHAFFER
Director of Operations 3 years

AMELIA ADAMS
Athletic Trainer

For more information, please contact our camp directors:
Caleigh Shaffer- caleigh.shaffer@mail.wvu.edu or 540-357-5686
Travis Doak- travis.doak@mail.wvu.edu or 304-216-2203
Open to any and all entrants.

MOUNTAINEER™
GYMNASTICS

PO Box 877
Morgantown, WV 26505



SESSION 1- JUNE 23-25
USAG Level 1-5 Day Camp- Ages 7-11

SESSION 2- JUNE 26-28
USAG Level 6-10 Overnight Camp- Ages 11-18

FACILITIES

You will train in WVU Gymnastics' Cary Gym. All AAI, NCAA approved equipment makes Cary Gym one of the finest training facilities in the country. Cary Gym boasts resi and loose foam pits for all 4 events, in ground tramp, trench bar, Tumble Trak, and a fully equipped athletic training room. The facility is air conditioned and located next door to the WVU Coliseum.

CAMP CHECK IN/OUT TIMES AND DATES

Day Camp Check In:
9:30-10am, June 23- Cary Gym

Day Camp Check Out:
5:30pm, June 25- Cary Gym

Overnight Camp Check In:
9-10am, June 26- Eurosuites

Overnight Camp Check Out:
6pm, June 28- Cary Gym

COMPULSORY LEVEL DAY CAMP

This camp is open to any and all entrants ages 7-11 and is geared towards helping USAG levels 1-5 gymnasts learn the skills needed to compete and be successful. We will also push those gymnasts who master the skills at their current level to move beyond and work the skills necessary to advance to the higher USAG levels. Camp will consist of 2 training sessions daily, an open gym, and fun activities between training sessions.

OPTIONAL LEVEL OVERNIGHT CAMP

This camp is open to any and all entrants ages 11-18 and is geared towards helping USAG levels 6-10 learn the skills needed to compete and be successful. Our training gym has been specifically designed for gymnasts to safely train and learn higher level gymnastics skills on all four events. Our excellent spotters will work closely with you to ensure a safe and fun environment. Camp will consist of 2 training sessions daily, an open gym, and learning sessions. Overnight campers will also be attending a West Virginia Black Bears minor league baseball game.

HOUSING AND MEALS

Day campers (June 23-25) will have lunch and an afternoon snack daily at Cary Gym. Overnight campers (June 26-28) will be housed at the Eurosuites Hotel, 2 to a room. Each room has 2 double beds, a small fridge, sleeper sofa, microwave, and bathroom. Overnight campers will have breakfast (June 27 & 28) and lunch (June 26-28) at Eurosuites. Overnight campers will have dinner at Cary Gym (June 26 & 27).

A detailed schedule and list of what each camper will need to bring to camp will be sent to you by mail in early May.

CAMP APPLICATION

Name:_____

Address:_____

City:_____ State:_____ Zip:_____

Age:_____ Year in School Completed: _____

Email: _____

Main Contact #:_____

Leo Size:
❏ cS ❏ cM ❏ cL ❏ aS ❏ aM ❏ aL

Training for Level:
❏ 2 ❏ 3 ❏ 4 ❏ 5 ❏ 6 ❏ 7 ❏ 8 ❏ 9 ❏ 10

Level completed in 2019:
❏ 2 ❏ 3 ❏ 4 ❏ 5 ❏ 6 ❏ 7 ❏ 8 ❏ 9 ❏ 10

Highest All-Around Score in 2019: _____

Club Gym: _____

Roommate Preference: _____
(overnight campers 2 per room ONLY)

I wish to enroll in the following camp:

❏ ***Day Camp (Ages 7-11)- June 23-25- $310***

❏ ***Overnight Camp (Ages 11-18) June 26-28- $495***

· $100 non-refundable deposit due with application (check)

· Make check payable to West Virginia University

· Register online by credit card at www.wvusports.com/camps

· Return application by mail:
Mountaineer Gymnastics Camp
PO Box 0877
Morgantown, WV 26507