

WVU GYMNASTICS STAFF

The 2019 Mountaineer Gymnastics Camp features the WVU coaching staff, current and past WVU gymnasts, and guest coaches from around the country!

JASON BUTTS

Head Coach 7 years

TRAVIS DOAK

Associate Head Coach 9 years

KAYLYN MILLICK

Assistant Coach 4 years

CALEIGH SHAFFER

Director of Operations 2 years

AMELIA ADAMS

Athletic Trainer

For more information, please contact our camp directors:
Caleigh Shaffer- caleigh.shaffer@mail.wvu.edu or 540-357-5686
Travis Doak- travis.doak@mail.wvu.edu or 304-216-2203
Open to any and all entrants.


MOUNTAINEER
— GYMNASTICS —
PO Box 877
Morgantown, WV 26505



2019 SUMMER CAMPS

SESSION 1- JUNE 18-20

USAG Level 1-5 Day Camp- Ages 7-11

SESSION 2- JUNE 21-23

USAG Level 6-10 Overnight Camp- Ages 11-18

FACILITIES

You will train in WVU Gymnastics' Cary Gym. All AAI, NCAA approved equipment makes Cary Gym one of the finest training facilities in the country. Cary Gym boasts resi and loose foam pits for all 4 events, in ground tramp, trench bar, Tumble Trak, and a fully equipped athletic training room. The facility is air conditioned and located next door to the WVU Coliseum.



COMPULSORY LEVEL DAY CAMP

This camp is restricted to ages 7-11 and is geared towards helping USAG levels 1-5 gymnasts learn the skills needed to compete and be successful. We will also push those gymnasts who master the skills at their current level to move beyond and work the skills necessary to advance to the higher USAG levels. Camp will consist of 2 training sessions daily, an open gym, and fun activities between training sessions.

OPTIONAL LEVEL OVERNIGHT CAMP

This camp is restricted to ages 11-18 and is geared towards helping USAG levels 6-10 learn the skills needed to compete and be successful. Our training gym has been specifically designed for gymnasts to safely train and learn higher level gymnastics skills on all four events. Our excellent spotters will work closely with you to insure a safe and fun environment. Camp will consist of 2

training sessions daily, an open gym, fun activities, and learning sessions.

HOUSING AND MEALS

Day campers (June 18-20) will have lunch and an afternoon snack daily at Cary Gym. Overnight campers (June 21-23) will be housed at the Eurosuites Hotel either 2 or 3 to a room. Each room has 2 double beds, a small fridge, sleeper sofa, microwave, and bathroom. If you choose to house 2 to a room, overnight camp fees will total \$475 per athlete. If you choose to house 3 to a room, overnight camp fees will total \$460 per athlete. Overnight campers will have breakfast (June 22 & 23) and lunch (June 21-23) at Eurosuites. Overnight campers will have dinner at Cary Gym (June 21 & 22).

A detailed schedule and list of what each camper will need to bring to camp will be sent to you by mail in early May.

CAMP APPLICATION

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Age: _____ Year in School Completed: _____

Email: _____

Main Contact #: _____

T-Shirt Size:

cS cM cL aS aM aL

Training for Level:

2 3 4 5 6 7 8 9 10

Level completed in 2018:

2 3 4 5 6 7 8 9 10

Highest All-Around Score in 2018: _____

Club Gym: _____

Roommate Preference: _____

(overnight campers only, no more than 3 per room)

CAMP CHECK IN/OUT TIMES AND DATES

Day Camp Check In:

9:30-10am, June 18- Cary Gym

Check Out:

5:30pm, June 20- Cary Gym

Overnight Check In:

9-10am, June 21- Eurosuites

Overnight Check Out:

6pm, June 23- Cary Gym

I wish to enroll in the following camp:

Day Camp (Ages 7-11)- June 18-20- \$310

Overnight Camp (Ages 11-18) June 21-23

2 to a room \$475

3 to a room \$460

· \$100 non-refundable discount due with application (check)

· Make check payable to West Virginia University

· Register online by credit card at www.wvusports.com

· Return application by mail:

Mountaineer Gymnastics Camp
PO Box 0877
Morgantown, WV 26507