



WVU GYMNASTICS

FALL CLINIC

October 14th, 2023
10:00 am - 2:00 pm

Ages 8 - 18

**This camp is
geared towards competitive gymnasts
levels 5-10**

\$125

www.wvucamps.com
www.wvusports.com

ALL CAMPS OPEN TO ANY AND ALL ENTRANTS (LIMITED ONLY BY NUMBER AGE, GRADE LEVEL, AND/OR GENDER)



FALL CLINIC

WVU Gymnastics

OCTOBER 14TH, 2023

About The Clinic

This camp is geared towards athletes ages 8+ who are currently competing at competitive J.O. levels 5-10.

Let's Go Mountaineers!

Register Now!
wwucamps.com
wvusports.com

10 am - 2 pm / \$125

- Work with current and former WVU Gymnasts
- Get to know our Team and WVU Gymnastics Staff
- Opportunity to workout in our practice facility

Tentative Schedule

9:00 am	Registration
10:00 am	Events 1&2
11:30 am	Lunch
12:00 pm	Events 2&3
1:15 pm	Open Gym
2:00 pm	Pick Up



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What to Bring

Everyone should bring t-shirts, shorts, leotards, comfortable shoes, and any personal gym equipment (grips, wrist guards, tape, etc).

Meals

Lunches are not included as part of camp. Campers should bring their own lunch and snacks.

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www.wvucamps.com www.wvusports.com
www.wvugymnastics.com Instagram- @WVUgymnastics

Camp Staff

- **Jason Butts**- Head Coach- 12 years
- **Travis Doak**- Associate Head Coach- 12 years
- **Zaakira Muhammad**- Assistant Head Coach & Former Mountaineer Gymnast- 3 years
- **Jessica Yamzon** - Assistant Coach & Former Razorback Gymnast
- **Mackenzie Luikart**- Director of Operations
- **Hailee Settle**- Athletic Trainer
- **Current and former Mountaineer Gymnasts!**

Facility

You will train in WVU Gymnastics Cary Gym. All AAI, NCAA approved equipment makes Cary Gym one of the finest training facilities in the country. Cary Gym boasts resi and loose foam pits for all four events, in ground tramp, trench bar, TumbITrak, and a fully equipped athletic training room. The facility is air conditioned and located next to the WVU Coliseum.

PLEASE NOTE- Only registered campers and staff will be allowed inside Cary Gym during the clinic.

For more information, please contact us at:

wvugymnastics@mail.wvu.edu

Or, reach out to:

Mackenzie Luikart

- mackenzie.luikart@mail.wvu.edu
- 843-601-4929

Register online at
www.wvucamps.com
No mail or call in registrations are accepted.



